

Brighter Tomorrows

Hosts "Massages in May"

May 3, 2016 (6-8pm)

Grace Lutheran Church Community Room

800 East Silver Lake Drive NE, Rochester, MN

Dinner will be served at 6pm and hosted by the Mayo High School Key Club. The menu will consist of a taco bar with all the fixings!

After dinner please join us for "Massages in May"! Everyone will have the opportunity to enjoy a very relaxing chair massage. And one lucky person will get to enjoy a 45 minute Cranial Sacral Massage provided by Helen Sutter, a Licensed Therapy Practitioner (one of our Brighter Tomorrow's moms).

The children and young adults will be spending time in the B.L.A.S.T Program (Bonding, Loving, and Sharing Truth), while the parents/caregivers will have plenty of time for visiting and sharing during the evening. We look forward to treating everyone to relaxation through massages.

It's all about you
me
time

